

Meet the real-life Sleeping Beauty! Teen with rare disorder sleeps for up to TEN DAYS at a time - and doctors say there is no cure

- Adelaide's Georgia Green, 19, suffers from Kleine-Levin syndrome
- The disorder strikes out of the blue, leaving her bed ridden for weeks
- Ms Green dropped out of school as a result of the regular episodes
- KLS has no cure or medication to reduce the severity of episodes

By [Nelson Groom for Daily Mail Australia](#)

A teenager who suffers from a one-in-a-million condition has been dubbed the real life sleeping beauty.

Georgia Green suffers from Kleine-Levin syndrome, a rare neurological sleep disorder which means she sleeps without waking properly for up to 10 days at a time.

The condition, which has no treatments or cure, can strike nineteen-year-old Ms Green out of the blue, leaving her bed ridden for weeks at a time.



Georgia Green, 19, suffers from Kleine-Levin syndrome, a neurological sleep disorder which effects one in a million people

'When I experience an episode, I can be out for ten days at a time. It get a foggy feeling in my head when it's coming on and the next thing I know I'm just knocked out,' Ms Green told Daily Mail Australia.

After thorough blood tests, MRI and brain scans and experimenting with a medley of medications, Ms Green was finally diagnosed with the rare Kleine-Levin syndrome three years ago.

The one in a million sleep disorder sees victims suffer regular 'episodes' where they sleep for 12-to-18 hours a day and are in a sleep-like state the rest of the time.

'I generally sleep for about 10 days, then I get insomnia for a night because I've overslept, so it's nearly two weeks before I'm back on track.'

The episodes carry a medley of short term symptoms- including extreme junk-food cravings and mood swings, but the biggest impact is on her day-to-day routine.

'I missed weeks of school at a time, missing my best friend's birthday celebrations, missing work. It disrupts everything,' he said.



Pictured here with her partner Cameron, the condition can strike Ms Green out of the blue, leaving her bed ridden for weeks at a time

What is Klein-Levin Syndrome? (KLS)

- Kleine-Levin syndrome (KLS) is a rare neurological sleep disorder
- KLS is characterised by persistent episodic hypersomnia and cognitive or mood changes
- Victims endure 'episodes' which can last days to months
- Little is known about KLS but there is no known cure or treatment for the disorder
- KLS effects teenagers primarily but it can also impact young children and adults
- The name comes from German neurologist Will Kleine and American psychiatrist Max Levin who identified patients with the symptoms in 1925 and 1936
- The condition generally diminishes by the time victims reach their 30s

Ms Green dropped out of school during her HSC after missing a string of important exams. She now works as a sales assistant while studying at Flinders University.

Ms Green said she has suffered about 35 episodes, which totals nearly a year of her life 'lost' at the hands of the rare condition.

'For the first two years I had an episode every month. It has since become more infrequent, but there are no precautions you can take to avoid it happening.'

KLS has no cure or medication to reduce the severity of episodes, forcing Ms Green to sacrifice important aspects of her life.

'Dropping out of school and abstaining from alcohol had no effect. When an episode comes on you have to drop everything and just endure it.'

The condition reportedly diminishes when victims near their 30's, but until then there is nothing the teenager can do.



Pictured with her grandmother, the teenager estimates she has lost about a year of her life from the rare condition

Read more: <http://www.dailymail.co.uk/news/article-3207640/Teenager-rare-disorder-regularly-sleeps-10-day-time.html#ixzz3jqskVq00>